

Neck Coolers for the Troops

Using a SERGER:

Materials:

- 100% cotton fabric or solid, unbleached or tea muslin
- Watersorb medium sized granules, available at www.watersorb.com (1 lb. of medium sized granules equals 115 teaspoons, you need 1 teaspoon for each neck cooler)

Directions:

1. Lay out your fabric with selvages together and straighten the edge
2. Cut a 4" strip from selvedge to selvedge and press strip flat
3. Fold in half lengthwise
4. Fold in half with the two selvedge edges together to find the middle of the long piece, press this edge to mark
5. With a pen or pencil, make a small mark on this center line and additional marks 4" and 8" to the right of the center line. Repeat by making marks 4" and 8" to the left of the center line.
6. With a sewing machine, sew across the width of the strip at the marks to make four "pockets" in the neck cooler
7. Starting at one selvedge edge, serge along the length close to the edge until you come to the first "pocket".
8. Put in ¼ teaspoon of the Watersorb Crystals (being careful to put the crystals in the "pocket" and keeping away from the needle of the machine)
9. Continue serging until you come to the next pocket and repeat Step 9
10. Continue filling the 4 pockets and then serge along the edge of the remaining length of the neck cooler
11. Cut all extra thread ends and staple the "Use Instructions" on the end of each neck cooler so that it is entirely on the neck coolers
12. Fold neck cooler in half
13. Fold neck cooler in half again, so it is approximately 1" wide and 6" long
14. Rubber band 5 neck coolers together
15. Place a note inside the box stating the total number of neck coolers in the box
16. Ship to the address below:
Helmetliner
PO Box 104
Dahlgren, IL 62828

USE INSTRUCTIONS:

Soak in water for 15-20 minutes (pockets will bulge). Tie around neck. To regenerate when it dries, soak in cool water 1-3 mins. DO NOT freeze. Hang to dry or store in Ziploc bag in refrigerator. Hand wash only in mild soap as needed.

Neck Coolers for the Troops

Using a traditional, straight-stitch SEWING MACHINE:

Materials:

- 100% cotton fabric or solid, unbleached or tea muslin
- Watersorb medium sized granules, available at www.watersorb.com (1 lb. of medium sized granules equals 115 teaspoons, you need 1 teaspoon for each neck cooler)

Directions:

1. Lay out your fabric with selvages together and straighten the edge
2. Cut a 4 ½" strip from selvedge to selvedge and press strip flat
3. Fold under and press ¼" along each side of the long edge
4. Fold the piece in half lengthwise with the folded edges on the inside (be careful that the two edges are even) and press
5. Fold in half with the two selvedge edges together to find the middle of the long piece, press this edge to mark
6. With a pen or pencil, make a small mark on this center line and additional marks 4" and 8" to the right of the center line. Repeat by making marks 4" and 8" to the left of the center line.
7. Sew across the width of the strip at the marks to make four "pockets" in the neck cooler
8. Starting at one selvedge edge, topstitch along the length close to the edge until you come to the first "pocket".
9. Put in ¼ teaspoon of the Watersorb Crystals (being careful to put the crystals in the "pocket" and keeping away from the needle of the machine)
10. Continue topstitching until you come to the next pocket and repeat Step 9
11. Continue filling the 4 pockets and then topstitch along the edge of the remaining length of the neck cooler
12. Cut all extra thread ends and staple the "Use Instructions" on the end of each neck cooler so that it is entirely on the neck coolers
13. Fold neck cooler in half
14. Fold neck cooler in half again, so it is approximately 1" wide and 6" long
15. Rubber band 5 neck coolers together
16. Place a note inside the box stating the total number of neck coolers in the box
17. Ship to the address below:

Helmetliner
PO Box 104
Dahlgren, IL 62828

USE INSTRUCTIONS:

Soak in water for 15-20 minutes (pockets will bulge). Tie around neck. To regenerate when it dries, soak in cool water 1-3 mins. DO NOT freeze. Hang to dry or store in Ziploc bag in refrigerator. Hand wash only in mild soap as needed.